

THE F-WORDS™

THAT MAY BE HOLDING YOU BACK FROM SELF-SUFFICIENCY

01



FRUSTRATION

You're beaten down by a no-growth role. The future feels flat — and impossible to change.

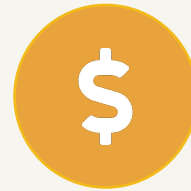
02



FEAR

Fear of change. Fear of failing. Even fear of succeeding. Often disguised as "being practical."

03



FINANCES

You assume self-sufficiency is out of reach — before you've asked the real questions.

04



FAMILY

Loved ones mean well. Their hopes and worries quietly shape every career decision you make.

05



FRIENDS

Strong opinions about risk — often projecting doubts of their own — drown out your voice.

WHICH **F-WORD**™ IS HOLDING **YOU** BACK?